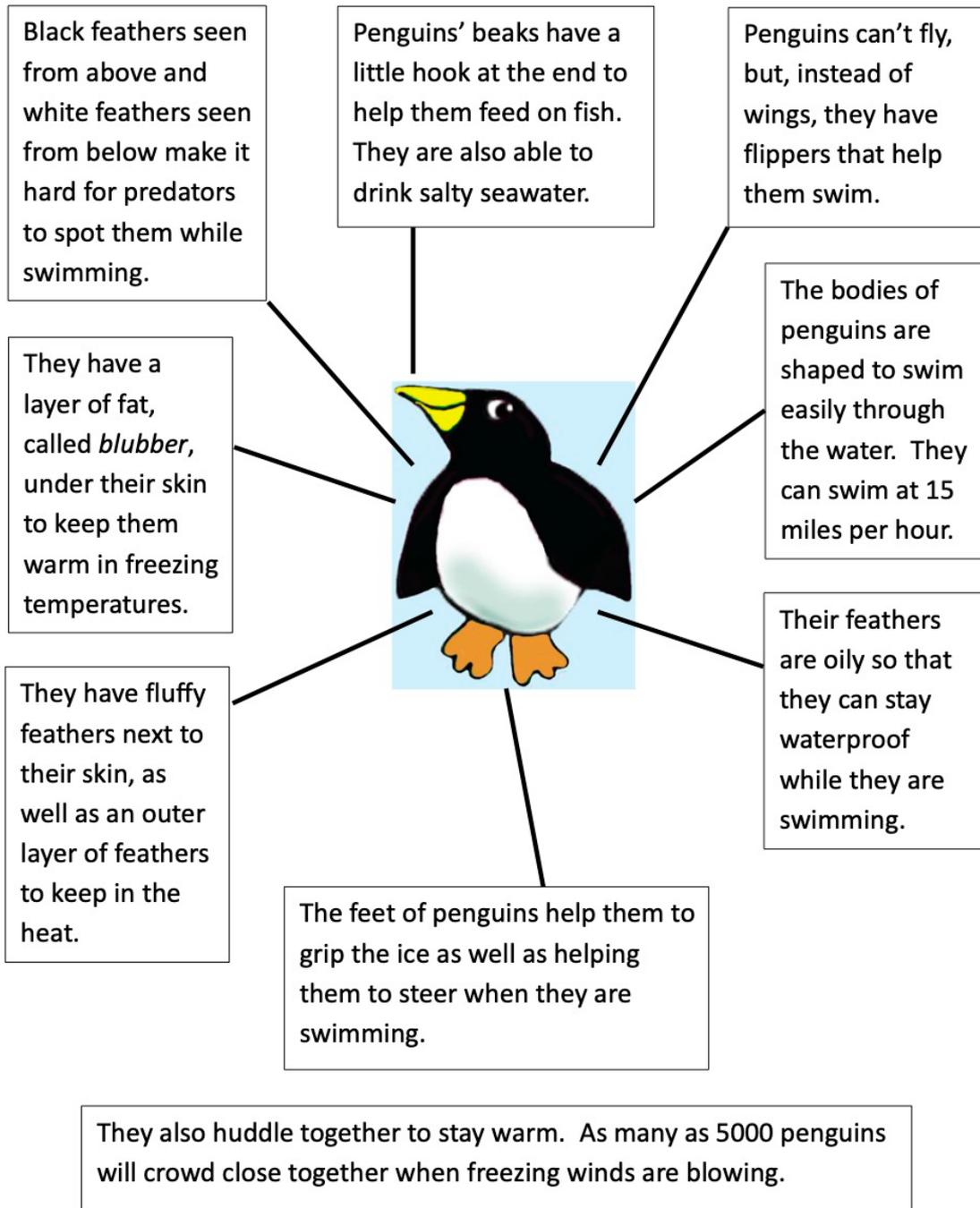


THE PENGUIN

Here is a page out of an information book about penguins. See how the picture of the penguin has labels to help you read the facts.



1. How fast can a penguin swim?



2. Penguins are fast swimmers. Write down **two** things that help them.

3. How is being black and white good for the penguin?

4. What do penguins drink?

5. Which part of the penguin's body helps it to steer while it is swimming?

6. Write down **three** things that help a penguin stay warm.

UNIT

4

Focus

Name _____ Date _____



A Trace and write the pattern and the letters.

ooo ooo

oa oa

ow ow

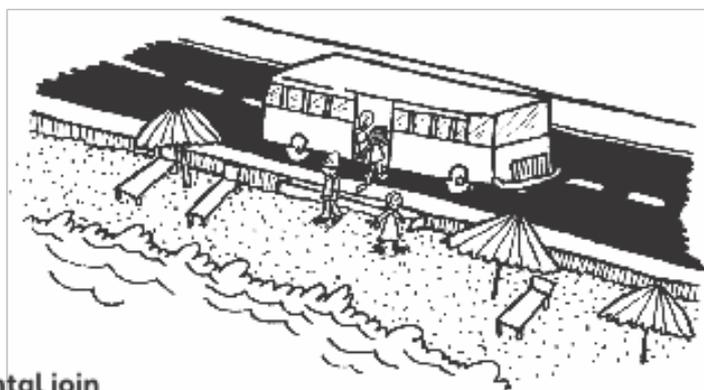
oe oe

B Trace and write the words.

load load

road road

toad toad



Practising the horizontal join



Extension

A Trace and write the words.

goat

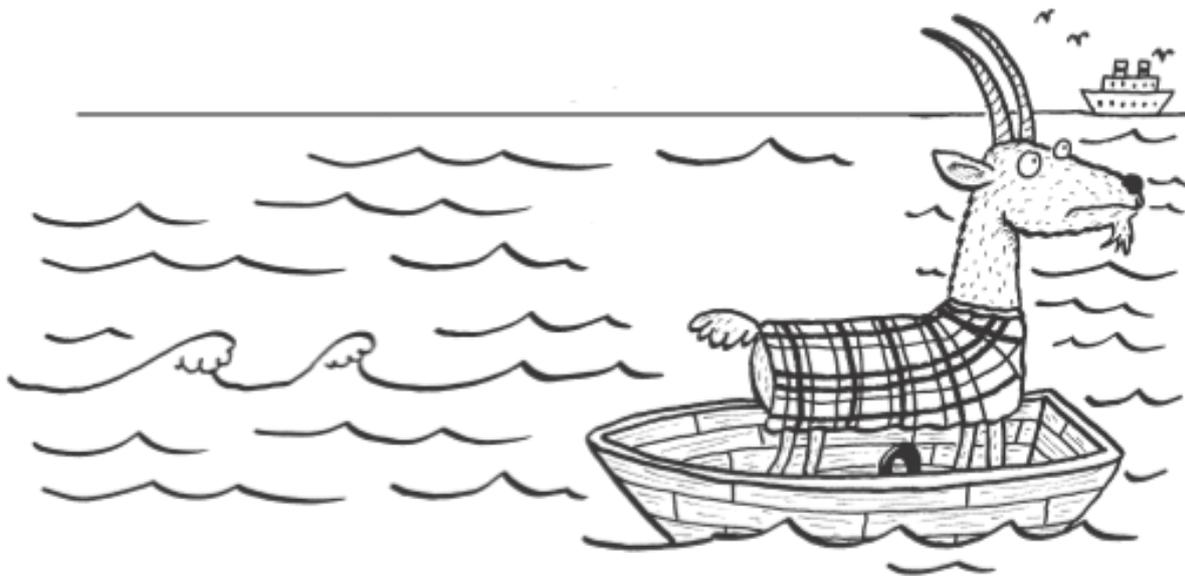
coat

boat

a float

B Trace and write the sentence.

A goat in a coat is a float in a boat.

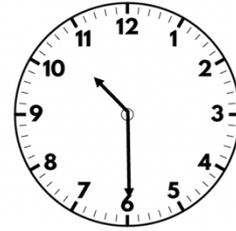


Practising the horizontal join



Flashback 4

Year 2 | Week 1 | Day 4



- 1) Divide 12 by 2
- 2) One triangle has 3 sides.
How many sides do 5 triangles have?
- 3) Use $<$, $>$ or $=$ to compare.
 3×2 2×3
- 4) Calculate $75 - 10$



Make equal groups – grouping

I Here are some socks.



a) Draw lines to match the pairs of socks.



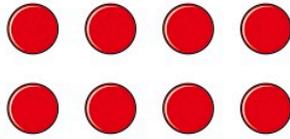
b) Complete the sentences.

There are socks altogether.

There are socks in each pair.

There are pairs of socks.

2 Here are some counters.



a) Circle groups of 2

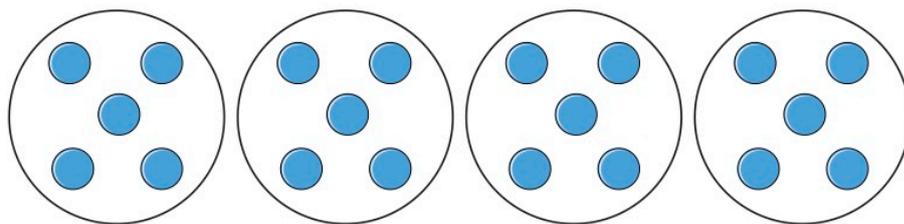
b) Complete the sentences.

There are counters altogether.

There are equal groups of 2 counters.

3 Complete the sentences.

a)

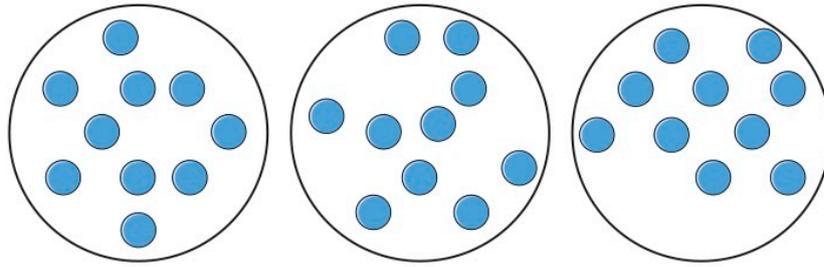


There are counters altogether.

There are equal groups of counters.



b)



There are counters altogether.

There are equal groups of counters.

4 Use 30 counters.

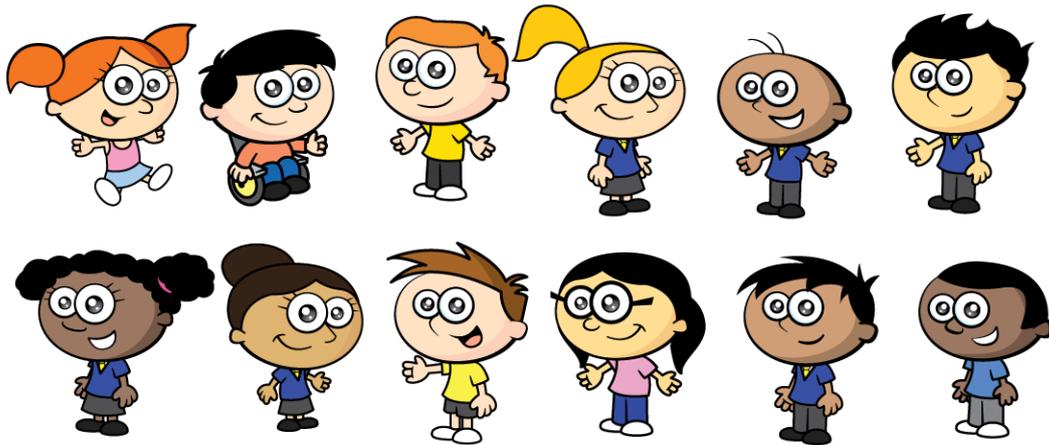
a) How many equal groups of 2 can you make?

b) How many equal groups of 5 can you make?

c) How many equal groups of 10 can you make?

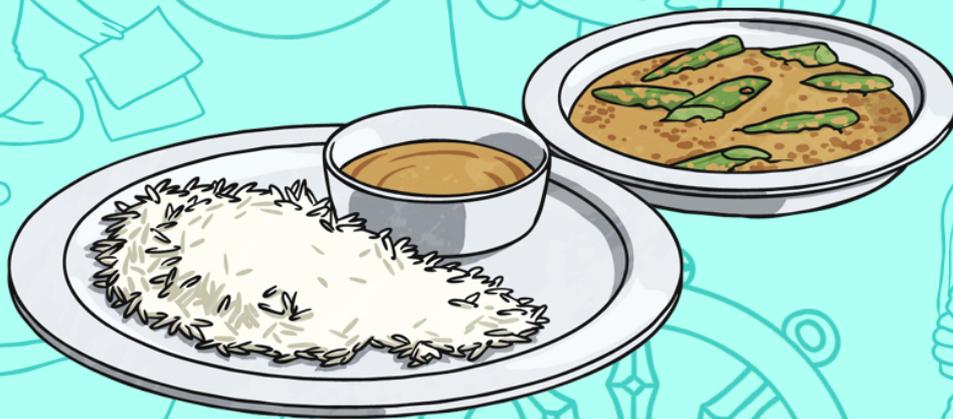
Talk about your answers.





The children can get into 6 groups of 2

Langar



twinkl

RE

WALT: To explore the strong messages which are learnt during the Sikh Langar.

Success Criteria

- I can tell you what the word langar means.
- I can explain what a langar meal is.
- I can tell you two things which are special about a langar meal.
- I can design my own langar meal.

Eating Meals



Talk about these questions with a partner:

Who do you eat with?

Do you ever go out to restaurants for meals with family and friends?

Do you ever eat at other people's houses?

Do family and friends ever come to your house to eat?

Do you sit at a table?

Who usually makes the meals in your house?

Where do you usually eat your breakfast, lunch and dinner?

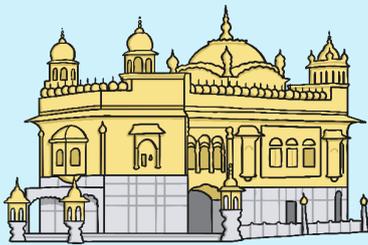
Who clears up after dinner?



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The Gurdwara

The Gurdwara is a special building for Sikhs and they go there to worship.



Although the Gurdwara is a special building for Sikhs, people from all religions are welcome inside them.

Probably the most famous Gurdwara is called Harmanhir Sahib (also known as The Golden Temple), which is in Amritsar, India.



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Langar

Each Gurdwara has a langar, which means free kitchen.

There is also a langar hall, where people can sit together and eat a free meal.

The langar meal is vegetarian so that people from all religions are able to eat it.

Guru Nanak Dev Ji created the langar because he believed in equality. That means that everyone is equal and should all be treated the same.

At the Gurdwara everyone takes it in turns to prepare, cook and serve the meal, then clear up afterwards.



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Langar

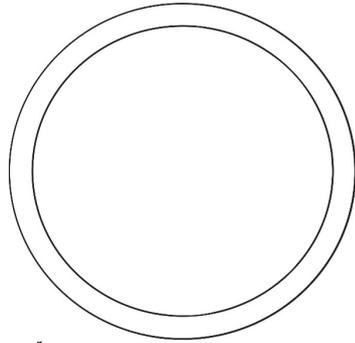


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Langar



Langar Meal



My meal is...



RE1 Year 11 Caring for Others | Langar | Lesson 4

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Traditional Langar Meals



Daal - lentils



Chapati - flatbread



Rice



Aloo - potatoes

Photo courtesy of aimee rivers, Vrindavan Lila, cookbookman7 and James@lickr.com - granted under creative commons licence - attribution

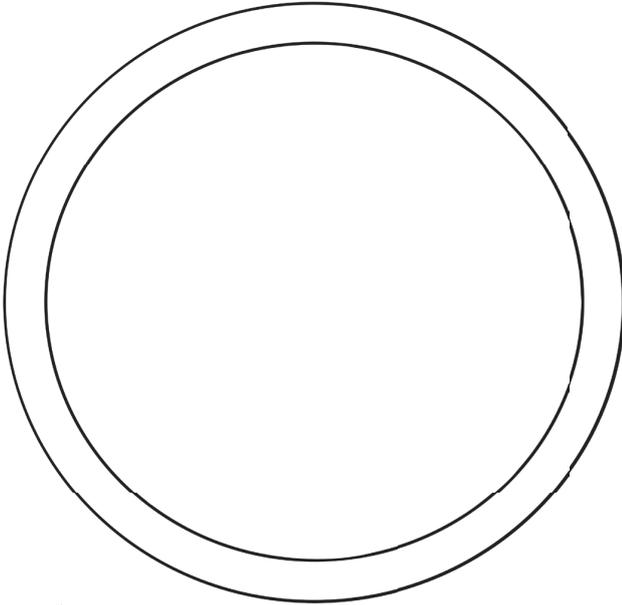
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What Can Langar Teach Us?



Think about
langar, what can
it teach us?

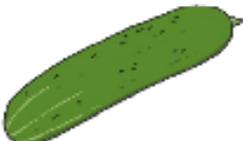
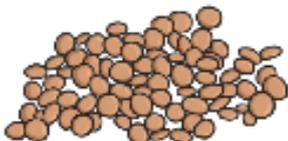
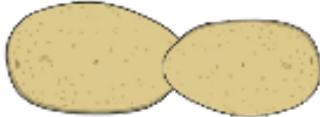
Langar Meal



My meal is...

Langar Food Prompt Sheet



 <p>broccoli</p>	 <p>carrot</p>	 <p>cauliflower</p>
 <p>celery</p>	 <p>chives</p>	 <p>chilli</p>
 <p>onion</p>	 <p>courgette</p>	 <p>lentils</p>
 <p>peas</p>	 <p>pepper</p>	 <p>potato</p>
 <p>rice</p>	 <p>tomato</p>	 <p>garlic</p>