



Heathlands Primary Academy

Heath Way,
Castle Bromwich,
Birmingham,
West Midlands
B34 6NB

Headteacher: Peter Higgins

Tel: (0121) 7472705

Email: enquiry@heathlnd.bham.sch.uk

Website: www.heathlnd.bham.sch.uk

Saturday 26th September 2020

FOR PARENTS OF CHILDREN IN 4F, WHO ARE CLOSE CONTACTS OF COVID 19 at HEATHLANDS PRIMARY ACADEMY

Advice for Children in 4F to Self-Isolate for 14 Days

Dear Parents/carers,

We have been advised by Public Health England that there has been a confirmed case of COVID-19 within the school.

We have followed the national guidance and have identified that your child in 4F has been in close contact with the affected individual. In line with the national guidance, we recommend that your child now stay at home and self-isolate until Wednesday 7th October.

We are asking you to do this to reduce the further spread of COVID-19 to others in the community.

If your child is well at the end of the 14 day period of self-isolation, they can return to school as usual on **Thursday 8th October 2020**.

Other members of your household can continue normal activities, including attending school, provided your child does not develop symptoms within the 14 day self-isolation period.

Please see the link to the PHE Staying at Home Guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

What to do if your child develops symptoms of COVID 19:

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well must stay at home and not leave the house for 14 days.





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The 14-day period starts from the day when the first person in the house became ill.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

If you are able to, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Symptoms of COVID 19:

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

How to stop COVID-19 spreading:

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19:

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further information is available at: <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Further information from the Head Teacher

The letter above was provided by Public Health England and I am required to send this out. I wanted to also share some additional information and to offer my support to you and your family at this time. I recognise that receiving this letter may be upsetting and frustrating. The children of Heathlands have done everything which has been asked of them, but the coronavirus situation is such that being sat in a classroom, playing PE and being outside together on the playground with their class requires action to prevent any further spread.





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Since receiving notification of the positive test I have spoken to the Department for Education and Public Health England.. This is currently an isolated case and requires all those staff and children who have been in close contact with the person who tested positive to self-isolate for 14 days. I have spoken in depth to the teaching team in 2S and have spent time discussing about anyone who may have been in close contact with the positive case. You will know that 4F play together, line up together and spend all day in close contact – especially in the classroom, where physical contact is unavoidable. As a result, we have been advised to close 4F.

Work will be provided for the children using Seesaw and the children will be following the same planning as if they were in school. If you have problems accessing this, please be sure to contact us on: enquiries@heathlands.uwmat.co.uk. If your child is eligible for free school meals, then we will send you a voucher at the end of each week to support you whilst your child is self-isolating. (Please note, this does not apply to Universal Infant Free School Meals)

I appreciate how challenging this situation is for you and your family. If you require any support, please do not hesitate to contact us. Thank you in advance for your support and contribution to keeping your children and our wider school community safe.

Yours sincerely

Mr P Higgins
Head Teacher
Heathlands Primary Academy

