



Heathlands Primary Academy

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RE: Anti Bullying week

Dear parents/carers,

This week is national anti-bullying week and as part of this the teachers, during PHSE, will be exploring bullying with the children and discussing how this can affect the feelings and actions of others.

Types of bullying include but are not restricted to:

- Physical
- Verbal
- Emotional
- Cyber (online)
- Social

On **Friday 20th November** we are going to be having an 'Odd Socks Day' which is aimed at demonstrating that we are all unique and different and that is to be celebrated not used as a reason for people to be unkind to one another.

Find out more about the nationwide Odd Socks Day and the reasons behind it via the following link:

<https://www.anti-bullyingalliance.org.uk/anti-bullying-week/odd-socks-day/what-odd-socks-day>

We hope that your child will join us in wearing Odd Socks on Friday.

We thank you in advance for your continued support.

Yours sincerely,

Mr P Higgins (Headteacher)